FATEH CHAND COLLEGE FOR WOMEN, HISAR

ANNUAL GENDER SENSATIZATION ACTION PLAN

- 1. Interactive sessions with invited doctor and counsellors
- 2. Training on Art and Craft
- 3. Mental Health Awareness by invited Psychologist
- 4. Cooking, baking and grooming activities
- 5. Interactive session with invited doctors on Health and personal Hygiene
- 6. First aid and self-defense training
- 7. Workshop on gender issues
- 8. Interactive sessions with subject experts.
- 9. Women rights and gender equality.
- 10. Awareness programmes and camps on women.
- 11. Medical aids and fee concession by women cell.
- 12. Interactive sessions and free dental checkups.

Co-curricular initiatives followed by action plan:

| Title of the | Organizing cell | Date |
|--|------------------------------|------------|
| programme | | |
| Tree Plantation | NSS | 09 /9/2021 |
| Nutrient Month | Yoga | 10/9/21 |
| Lecture on eat healthy live healthy | NSS | 10/09/2021 |
| Awareness lecture on social distancing and vaccination | NSS | 01/12/2021 |
| Tiranga relly and lecture on yoga and health | NSS | 03/12/2021 |
| Swacth Bharat | Yoga | 03/12/21 |
| Swacth Bharat | NSS | 7/1/2022 |
| First Aid & Home | Red Cross | |
| Nursing Training | Red Cross, Mr.Vinod Kumar | 05/4/2022 |
| Dental Check Up | Dant Kanti,HSR DR. Deepika | 27/4/2022 |

| Blood Donation Camp | Red Cross Office,Hisar,Agroha Medical Team | 07/5/22 |
|----------------------------------|--|------------|
| Webinar on food and health | NSS and VEGAN OUTREACH | 07/01/2022 |
| First aid training | NSS and red cross society Hisar | 03/04/2022 |
| Art and craft training | NSS | 03/04/2022 |
| Health Awareness | Predi Malik,SMO HAU,HISAR | 26/04/22 |
| Blood donation camp | NSS,NCC, RED CROS,RED RIBBON, WOMEN CELL | 07/05/2022 |
| Workshop on career in psychology | Life healing foundation and dept. of psy | 15/12/2021 |
| Free dental checkup | NSS, NCC, RED CROSS,RED RIBBON | 27/04/2022 |

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