## FATEH CHAND COLLEGE FOR WOMEN HISAR



# BEST PRACTICES (7.2)

2023-24

**BEST PRACTICE 1: HOLISTIC DEVELOPMENT OF WOMEN** 

**BEST PRACTICE 2: DAY CARE CENTER IN THE COLLEGE PREMISES** 

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#### **BEST PRACTICE-1**



## **Title of the Practice: Holistic Development of Women**

## **Objective of the Practice:**

These days, women's empowerment is a hot topic. Our goal, inspired by our founder Seth Fateh Chand ji, is to empower women via their overall growth.

## The Context:

The Fateh Chand College for Women is located close to the Bus Stand in the heart of the city of Hisar. The majority of the female students at our college come from rural backgrounds; in these communities, girls still fight for equal rights and opportunities and lack the ability to make their own decisions.

The college offers a diverse range of undergraduate and postgraduate courses across arts, science, commerce, and computer applications, including B.A., B.Sc., B.Com., BCA, M.A., and M.Com.

The institution is equipped with modern facilities such as well-maintained laboratories, a comprehensive library, a fully equipped gymnasium, and hostel accommodations for approximately 380 students

Recognizing the importance of holistic development, the college actively encourages participation in cultural activities, sports, and social outreach programs.

This approach is particularly beneficial for students from rural backgrounds, providing them with opportunities to explore and develop their talents comprehensively.

Through its commitment to quality education and empowerment, Fateh Chand College for Women plays a significant role in shaping the future of its students and contributing to societal development.

## HOLISTIC DEVELOPMENT OF WOMEN

#### **BEST PRACTICE-1**



## **Practices:**

At Fateh Chand College for Women, we are committed to fostering women's empowerment, recognizing its pivotal role in driving India's growth and development. Our institution offers a wide range of undergraduate and postgraduate courses across diverse streams, providing students with ample opportunities for academic advancement. Equipped with a dedicated faculty, state-of-theart labs, and a well-maintained library, our college ensures a conducive environment for academic excellence. We also extend financial assistance to deserving students, helping them overcome financial barriers.

Recognizing the importance of holistic development, we focus on both physical and mental health. Through partnerships with hospitals, health talks, and medical camps, we prioritize our students' well-being. Weekly assemblies instill gratitude, while Hawan and yoga sessions, organized by our Yoga Department, promote mental peace and physical well-being. Our annual sports day celebrates athletic talents, and we take pride in having produced national and international players.

To equip students for future challenges, we offer skill enhancement courses, ensuring they become independent and career-ready. Environmental education is mandatory, shaping responsible citizens sensitive to global ecological challenges. Legal awareness is fostered through voter education events and lectures on women's rights. Through NCC, NSS, and extracurricular activities like quizzes, debates, exhibitions, and artistic competitions, students hone their leadership and creative abilities.

Our college also organizes workshops, trainings, and educational trips to broaden our students' horizons. Social outreach activities, such as blood donation camps, tree plantations, and community service initiatives, further nurture a sense of responsibility and unity among students, preparing them to be not only successful professionals but also socially conscious citizens.

## **HOLISTIC DEVELOPMENT OF WOMEN**





## **FATEH CHAND COLLEGE FOR WOMEN**

HISAR (Estd. 1954)

(Attitud to Gare Justinoshear Behardly of Science & Technology, Moor)

#### U.G. COURSES OFFERED

- B.Se. Life Science (Botany, Zoology, Chemistry)
   B.Se. Life Science (Scieny, Zoology, Bio-Technology)
   B.Se. Physical Science (Physics, Maths, Comp. Sci.)
   B.Se. Physical Science (Physics, Maths, Comp. Sci.)
- B.S. Prysical Science (Physics, Manse, Comp., Sect.)
   B.A. Sanishet, Hard, English, Samaret Bective, Hinds Discove Psychology, Meals Instrumental, Mesic Vocal, Defence Studies, Matths. Hobit Administration. Sociology, Nom-Science, Philosophy Economistics, Geography, Commercial Arts, Fashion Designing, Functional English, History, Political Science

#### P. G. COURSES OFFERED

- . M.Com.
- . M.Sc. Waterston
- . M.A. Yoga, Sandarf, Hinds, English, Psychology, Sociology, Hottery
- . PS. Diploms in Yogs (One Year Durstlery

#### ADD ON COURSES

- 1. Copy Editing & Web Designing
- 2. Information & Communication
- 3. Library Science

#### SHORT TERM COURSES

Arts, Commerce & Science

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## **HOLISTIC DEVELOPMENT OF WOMEN**











EMPOWERING BEGINNINGS: The Inspirational Address Ignites

Motivation at Welcome Event



At the Welcome Event, CO sir graced with his presence, delivering an inspiring speech that resonated with college students, fostering motivation and enthusiasm for the academic year ahead.

क्रिकेट (प्रतिक्रिक)

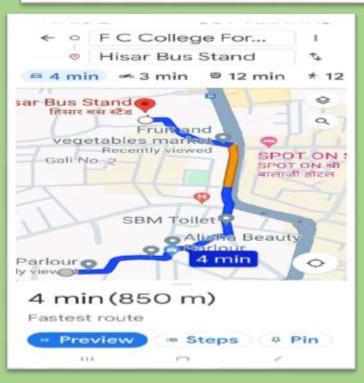
## **BEST PRACTICE- 1 HOLISTIC DEVELOPMENT OF WOMEN**

Sonie, Banti, Kajai, Kajai, Aarti, Pooja, Iyoti, Kavita, Priti, Snehlata, Nisha and Bhateri secured Ind position in Inter College State Kabaddi Championship heid at Kheri Gajran, Paridataid on 28th Feb. and 29 Feb., 2024.









100	Date: 25-11-2023				
S. No.	Name	Total.	Disbursed	Balance	
1	Dr. Chander Kala	9000	3000	6000	
2	Ms. Nisha Bhatia	7000	1500	5500	
3	Dr. Aruna Choudhary	4000	1500	2500	
4	Sh. N. C. Aggarwai	13000	4000	9000	
5	College Red Cross A/c	30000	28400	1600	
6	Lt. Babu Dharam Paul B	50000	33000	17000	
7	O.S.A. A/E	D	0		
.8	P.T.A. A/C	60000	13500	46500	
	Total Balance	173000	84900	H2100	

Date :25-11-2023					
Balance.	Disbursed	Total	Name	S. Na.	
	0	. 0	SWF	1	
	#5000	85000	0.5.A. A/c	2	
2238	17613	40000	P.T.A. A/c	31	
	20000	20000	College Red Cross A/c	4	
2238	122613	145000	Total Balance		



## **BEST PRACTICE -2 DAY CARE CENTER**

#### BEST PRACTICE-2



Title: DAY CARE CENTER IN THE COLLEGE PREMISES

#### **Objective of the Practice:**

The primary objective of establishing a Day Care Center on the college premises is to provide a safe, nurturing environment for the children of college staff, including non-teaching faculty and full-time married students. This initiative aims to alleviate the concerns of parents, allowing them to focus on their professional responsibilities durng the day while ensuring that their children are cared for in a secure setting. Additionally, the Day Care Center is committed to promoting the holistic development of enrolled children by engaging them in various extracurricular activities designed to foster creativity, social skills, and cognitive growth.

## **Context:**

In response to the University Grants Commission (UGC) initiative to provide daycare services for children aged three months to six years at higher educational institutions, the F.C. College Day Care Center was inaugurated in 2011. The center is designed to offer a welcoming and secure facility where college employees and students can leave their children during the workday. By ensuring that children are under the care of qualified professionals, the Day Care Center enables parents to be more productive and focused on their academic and professional commitments, knowing their children are safe and engaged.

## **Practice:**

The F.C. College Day Care Center is conveniently located near the hostel, providing easy access for parents. It offers a safe, nurturing, hygienic, and welcoming atmosphere for children of teachers, staff, and students. The center focuses on promoting imaginative, creative, and intellectual play, which supports the overall development of the children in our care. The following amenities are available at our center:-

## **BEST PRACTICE -2 DAY CARE CENTER**

#### BEST PRACTICE-2



A modern, fully equipped building with two classrooms, a kitchen, a dining area, and two bathrooms, ensuring a conducive environment for learning and play.

An outdoor play area designed for young children, encouraging physical activity and social interaction.

**Age-appropriate furniture and play equipment,** including swings, beds, and other essential items to ensure comfort and safety.

**Comprehensive kitchen facilities** equipped with gas cooking, a microwave, refrigerator, heater and inverter, ensuring that children receive healthy meals and snacks.

**Staff** including a dedicated center director and caregivers, committed to providing high-quality early childhood education and care.

#### **Evidence of Success:**

Each year, children of our staff and students are enrolled in the Day Care Center, demonstrating the effectiveness of the program. Feedback from parents has been overwhelmingly positive, highlighting the quality of care, the engaging activities offered, and the overall environment. Many parents express their appreciation for the peace of mind that comes from knowing their children are in capable hands.

In conclusion, the Day Care Center at F.C. College represents a significant step toward fostering a supportive environment for working parents, while also promoting the holistic development of their children. By prioritizing quality care, educational opportunities, and a safe atmosphere, we are dedicated to empowering both parents and their children.

## **BEST PRACTICE -2 DAY CARE CENTER**











